



**Cecilia
Morón**
PSYCHOLOGIST

RESUME

PROFESSIONAL TRAINING

From an academic perspective:

My professional training began in my hometown, where I pursued my university studies and graduated as both a Licensed Psychologist and a Psychology Teacher at the Catholic University of Salta. Later, I completed postgraduate training in the Gestalt Therapy approach at the Gestalt Association of Buenos Aires (www.agba.org.ar). This approach, with its humanistic-existential and phenomenological perspective, views the human being as a complex and integral being, embedded in a social context and originating from a family system. It also sees individuals as beings in a constant process of change, with the responsibility and potential to heal and recreate themselves, often in the company of others.

I further expanded my training in Gestalt through the SAT Program of Dr. Claudio Naranjo (www.fundacionclaudionaranjo.com), which integrates Gestalt Therapy with the Psychology of Enneatypes and the Transpersonal Approach. This program considers that we all have childhood conditioning that leads to the development of a limiting character. The task, as Claudio defines it, is the "Great Journey of the Soul," which involves breaking free from the constraints of our character or enneatype to attain higher levels of consciousness through a psycho-spiritual and interpersonal process.

I have also incorporated the perspective of Family Constellations by Bert Hellinger (www.constelamerica.com.ar) into my professional training. Based on systemic theory, Hellinger discovered that every family system is guided by a common consciousness that unites all its members, caring for each individual's rights and ensuring that no one is excluded. He described the systemic laws that govern families, and how breaking them leads to various dysfunctions and symptoms among its members and their relationships.

In recent years, I have trained in the Transgenerational Field Approach, created by Lic. Guillermo Leone (www.guillermoleone.com.ar). This approach, grounded in field and

complexity theories, depathologizes individuals, moving away from the individual paradigm to the collective paradigm.

Currently, I am pursuing international training in Somatic Experiencing (SE) (www.somatic.experiencing.es), a program created by Dr. Peter Levine to support individuals who have experienced different types of trauma and high-stress situations. Through understanding, awareness, and the regulation of the nervous system, individuals recover the energy that became trapped in their bodies due to traumatic experiences, enabling them to serve life and embrace the flow of their existence.

From a personal perspective:

As academic training and the acquisition of knowledge alone are insufficient to become a good psychologist, all the training I have undergone has included both a theoretical and experiential component. I have integrated and applied all this knowledge to my own experience and personal growth through various workshops, and psycho-spiritual retreats.

Moreover, my own psychotherapeutic process as a client has been and continues to be a space for revisiting my history and healing my wounds. Only from this place can we become what Carl Jung termed the "Wounded Healer."

An essential point of my work, is the supervision and peer consultation spaces, where I, along with other colleagues, constantly review and rethink clinical practice. This includes examining what happens to the client, what happens to us as psychologists in relation to our clients, and what occurs in that unique and singular encounter between client and therapist.

From a work experience perspective:

The common thread throughout my professional career has been in the clinical field. Assisting clients in their psychotherapeutic processes is where I find my greatest vocation and the reason I chose this profession. Since my graduation, I have worked in private practice, hospital settings, and mental health institutions.

Initially, I began by providing individual therapy to adults going through various pains and conflicts. However, following my own journey of motherhood, migrations, and delving into systemic, family, and field theories, I also started working with families and couples.

Additionally, I have worked in other areas, including teaching at the university level and assisting in postgraduate courses in Gestalt Therapy. I have also been involved in the educational sector, supporting and advising primary schools on issues related to school coexistence. In the social and marginalized sectors, I have worked with various non-profit organizations aimed at including vulnerable populations.